

SA ECO-POWER™ *Status*

G690 TREADMILL

Verde is the industry’s first treadmill capable of harnessing human power and converting it to utility grade electricity. The sleek, non-motorized design combines supremely low friction and flat-slat belt to create an approachable unit that feels remarkably natural and comfortable. Utilizing both mechanical and electrical braking systems the Verde allows walking, jogging, running, sprinting or sled pushing features that cater to a broad spectrum of users, from deconditioned to elite athletes and is capable of capturing up to 200 Watts/hour of energy.



TECHNICAL DETAILS	
Unit Weight	567.6 lbs / 258 kg
Dimensions (LxWxH)	84.1 x 35.6 x 65.2 in / 213.6 x 90.5 x 165.5 cm
Running Area (LxW)	58 x 21 in / 147.32 x 53.34 cm
Speed Range	2–15 mph / 3.2–24 kph
Incline	4° fixed incline
Drive Motor	N/A
Power Requirements	120v / 60Hz / Input: 35 / Output: Max 200w
Max User Weight	330 lbs / 150 kg
Readouts	Calories, Time, Distance, Cal/HR, Mets, Pace, Human Watts, Heart Rate, Your Speed, Target Speed, Resistance, Instant Watt To Grid
Workout Mode	Run/Push
Goals	Time, Distance, Calories, Watt-Hour To Grid
Features	<ul style="list-style-type: none"> Slatted belt increases feel and comfort while exercising Elegant LCD display easily portrays key data readouts Accommodates walking, jogging, running, sprinting, and sled-pushing Sled-push mode with multiple levels of resistance Non-motorized 3-speed fan Watt-hour to grid goal Hybrid mechanical/electro-magnetic braking system

WARRANTY*	
Frame	Lifetime**
Generator	Lifetime**
Parts	5 Years
Wear Items	5 Years
Track Pad/12v Battery/Brake Pad	2 Years
Labor	3 Years
High Wear Items	90 days

CLOSER LOOK



LCD Console and Toggle Control



Slatted Belt