

# INSTALLATION GUIDE



## Complete Installation Instructions will be provided at time of purchase.

The HELIOS-NA ships partially assembled on one 4' x 4' pallet. It is recommended to bring palletized unit as close to the installation site as possible. Assuming concrete is already in place, the HELIOS-NA can be installed by two people in under three (3) hours.

### IMPORTANT INSTALLATION SAFETY INSTRUCTIONS

- Two people are required to install the HELIOS-NA Multigym
- Each person must wear steel toed and steel shank foot wear
- The person using the hammer drill must wear safety glasses

### TOOLS REQUIRED

- Hammer drill
- Four concrete anchors with minimum "pull out" or "tension" strength of 3400lbs per anchor
- Nylock nuts and oversized washers (mounting holes are 1" diameter) to fit anchors
- Ratcheting socket wrench set, Pliers, Loctite & level (Loctite is optional)
- Dolly or hand truck (optional)
- Shims (only needed if concrete base is not level)

### CONCRETE BASE

The HELIOS-NA needs to be anchored into concrete for safe operation. It is recommended that the unit be anchored to a concrete pad or footing that is level and structurally sound with a minimum "pull out" or "tension" strength of 3400lbs per anchor.

Always consult with a local concrete expert if pouring a new pad or footing for your installation. If you have existing concrete in place, and you know the dimensions and specs of concrete, contact a local concrete anchoring expert (HILTI, HD Supply, etc) to determine if existing pad will work for the HELIOS-NA.