



XBR55 RECUMBENT BIKE



NOW WITH BLUETOOTH FTMS

CONNECTS TO:



SPIRIT+



ZWIFT



KINOMAP



FITBIT*



APPLE
HEALTH
KIT*



MAP MY
FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP

The XBR55 is Spirit's mid-priced semi-recumbent bike. It has all the conveniences of our XBR25 including a 7.5" backlit LCD screen, an adjustable mesh back seat, built-in hand pulse sensors, and 20 levels of resistance. With 4 additional built-in programs, an included wireless heart rate monitoring strap, as well as an audio jack and speakers, the XBR55 is perfect for those that want to take their workout to the next level. We even added an adjustable seat back angle and remote handlebar controls to help keep you comfortable and in control.

FEATURES

- Oversized 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Remote handlebar toggles for convenient resistance changes without taking your hands off the seat handles
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap included)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Easy access seat adjustments for fore/aft and reclining backrest positions
- Built-in Bluetooth FTMS lets you connect your machine with fitness apps like Zwift, Kinomap, SPIRIT+, and more

SPIRIT | 40 YEARS

7.5" Blue Backlit LCD

Muscle Activation Profile

Tablet-Friendly Reading Rack

Adjustable Cooling Fan

Program Keys

Heart Rate % Profile

Integrated Speakers

Audio Input Jack



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet-Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth FTMS
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact and Telemetric (chest strap included)
Resistance Levels	20 Levels
Hand Pulse Sensors	Yes
Flywheel	24 lb
Seat Back Angle	Adjustable
Pedals	Oversized and Self-Balancing w/ Fast-Latching System
Seating	High Density Seat w/ Adjustable Nylon Mesh Back
Remote Buttons	Resistance, Seat Handlebar Mounted
Dimensions	57" L x 30" W x 50" H
Product Weight	139 lb
Max User Weight	350 lb

WARRANTY INFORMATION

Ver 4.0

Residential Warranty: Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year



SALES: 800.258.4555



QUESTIONS@SPIRITFITNESS.COM



WWW.SPIRITFITNESS.COM