



NOW WITH BLUETOOTH FTMS

CONNECTS TO:



SPIRIT+



ZWIFT



KINOMAP



FITBIT\*



APPLE  
HEALTH  
KIT\*



MAP MY  
FITNESS\*

AND MORE!

\*CONNECTS VIA SPIRIT+ APP



The XE395 was designed with 20 levels of electronic incline and 3 foot pedal angle settings to keep your workout challenging and effective. Proper ergonomics and biomechanics, a solid feel, important workout data feedback, and effective programs will help you stick with your exercise routine and achieve your long term fitness goals.

## FEATURES

- 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Electronic incline provides 20 levels of adjustment to modify your elliptical pedal pattern
- Remote handlebar toggles for both resistance and incline allow for secure workout changes without taking your hands off the handlebars
- Dual track system with concave roller wheels and aluminum rails for added stability and durability
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT+ App to monitor and record your workout data

XE395 ELLIPTICAL

**SPIRIT** | 40 YEARS

7.5" Blue Backlit LCD

Muscle Activation Profile

Tablet-Friendly Reading Rack

Adjustable Cooling Fan

Program Keys



Heart Rate % Profile

Integrated Speakers

Audio Input Jack



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet-Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT+ App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Resistance/Incline	20 Levels, 20 Levels
Handlebar Toggles	Yes (Resistance & Incline)
Track System	Dual Rail
Stride Length	20"
Flywheel	30 lb
Handle Bars	Multi Position Grip - Coated
Foot Pedals	Adjustable (3 angles), 2" pedal spacing (Q-Factor), 2-degree inversion, cushioned
Dimensions	76" L x 29" W x 64" H
Product Weight	216 lb
Max User Weight	400 lb

## WARRANTY INFORMATION

Ver 5.0

Residential Warranty: Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year



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