



XRW600 ROWER



Folded View

The XRW600 Rower provides an unparalleled full-body workout with a convenient fold-up frame design. The large blue backlit console with height and angle adjustment includes motivating programs to keep you involved, inspired, and reaching your goals. Performance is top-of-the-class with a smooth-action aluminum monorail, industrial-strength handle strap, flex pedals with easy-adjustment, and the combination of both air and magnetic resistance (16 levels) for an exercise experience second to none.

FEATURES

- Fold-up frame design for easy storage
- Ergonomic rowing handle is contoured and padded for superior feel and comfort
- 20" frame height gets you on and off the rower with ease
- Large 5.5" blue backlit display with easy-touch console buttons
- Air and magnetic resistance (16 levels) for smooth operation
- Ten effective programs offer a wide variety of workouts
- Built-in HR receiver (chest strap sold separately)
- Solid steel frame with smooth aluminum monorail
- Flex pedals with easy-adjust numbered settings
- Adjustable console angle and height for the perfect viewing angle



EQUIPMENT SPECIFICATIONS

Console	5.5" Blue Backlit LCD, Adjustable Console Angle and Height
Programs	Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game
Heart Rate	Telemetric (Chest strap sold separately)
Resistance	Air and Magnetic (16 Levels)
Power	Plug-In
Handle	Angled and Padded for Comfort, 80.7" Travel Length
Seat	Contoured and Padded
Foot Rests	Flex Pedals, Adjustable w/Numbered Sizing
Frame	High-Strength Steel w/Durable Powder-Coat Paint; Aluminum Monorail
Frame Height	20"
Monorail	39.4" Travel Distance, 54" Overall Length
Dimensions	97" L x 18" W x 38" H
Folded	52.5" L x 18" W x 62" H (no tools required)
Product Weight	81 lb
Max User Weight	350 lb

WARRANTY INFORMATION

Residential Warranty: Frame: Lifetime, Parts: 10 years, Labor: 1 year

Ver 3.0



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