



NOW WITH BLUETOOTH FTMS



Folded View



CONNECTS TO:



SPIRIT+



ZWIFT



KINOMAP



FITBIT\*



APPLE  
HEALTH  
KIT\*



MAP MY  
FITNESS\*

AND MORE!

\*CONNECTS VIA SPIRIT+ APP

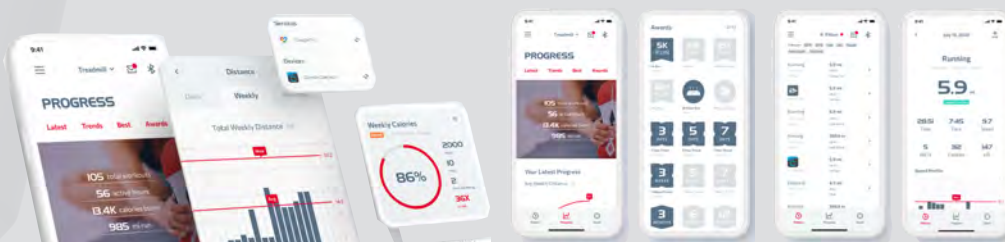
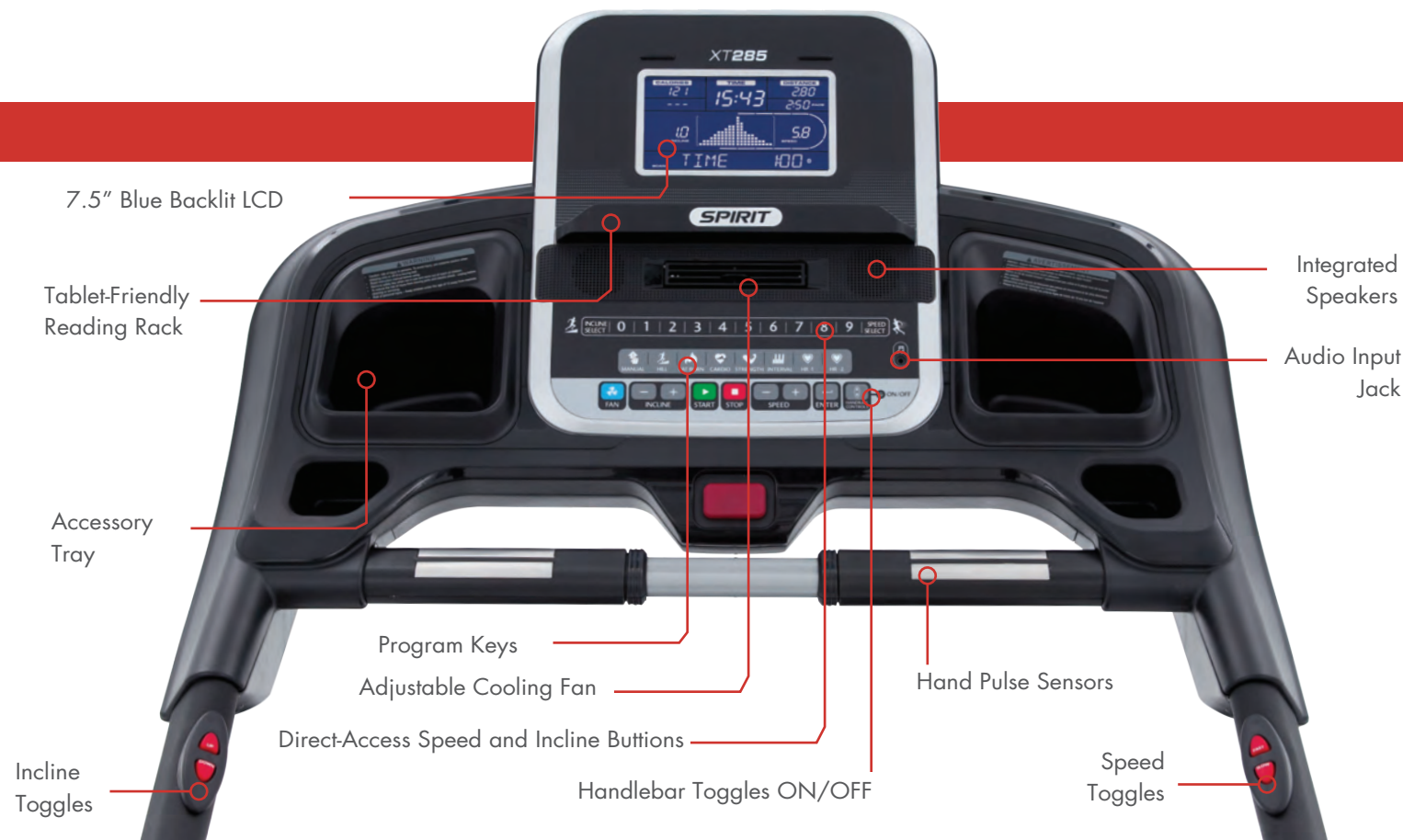
There are several key areas that signify a well-designed treadmill, and the XT285 exemplifies each of them. A comfortable belt and cushioning system, powerful-drive motor, durable and stable frame, straightforward console and programming, and eye-catching aesthetics. All of these features are important in building a quality treadmill that will retain its value for many years.

## FEATURES

- 7.5" bright blue backlit LCD screen
- Direct-access speed and incline buttons to save time and make workouts more efficient
- Remote handlebar toggles for both speed and incline allow for secure workout changes without taking your hands off the side handlebars
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap included)
- Spacious 20" x 60" workout area with powerful 3.0 HP motor
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Built-in Bluetooth FTMS lets you connect your machine with fitness apps like Zwift, Kinomap, SPIRIT+, and more

**SPIRIT** | 40 YEARS

XT285 TREADMILL



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Tablet-Friendly Reading Rack, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth FTMS (connects to fitness apps)
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, HR 1-2
Heart Rate	Contact & Telemetric, chest strap included
Speed/Incline	0.5 - 12 mph / 12 Levels
Handlebar Toggles	Yes, Speed & Incline
Drive Motor	3.0 HP
Deck	1" Thickness
Belt	20" x 60"
Rollers	2.5" & 2.0" (Crowned)
Frame	Folding, Heavy-Gauge High Strength w/ Durable Powder Coat Paint
Dimensions	81" L x 35" W x 58" H
Product Weight	236 lb
Max User Weight	350 lb

## WARRANTY INFORMATION

Ver 6.0

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 years, Labor: 1 year



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